

HERITAGE MATTERS ULY 2018

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The jack hammer's drill shank broke through the old concrete floor. signifying the official 'groundbreaking' for the restoration project at the Spooner's Cotton Ginnery.

The event was part of a brief ceremony held inside the main factory building on June 7th, 2018.

"The St. Christopher National Trust has been, by its mandate, invested with the preservation of our history and heritage and this Spooner's Ginnery is one of our very vital parts of it," Trust President Schneidman Warner said at the ceremony.

The groundbreaking was attended by patron, His Excellency the Governor General Sir S.W. Tapley Seaton, a representative from the United States Embassy in Bridgetown, and other officials and guests of the Trust, along with a handful of area residents.

"Over the period of 50 years at this location, what was converted from a sugar plantation, we had the production of cotton, cooking oil and soap. We think that it is very important that we demonstrate to the people of Cayon, what this was about and express what went on here," Mr. Warner said.

The multi-phase project will see the restoration and development of the ginnery factory building and its equipment.

Long term plans propose to restore the Great House and ancillary structures, including the Manager's House and older ruins. The Great House (built around 1870) will be used as a visitor centre, office and rental space for functions.

"The aim of this project is the combined development of the site to support a cotton museum, restaurant and retail item shop, resulting in tourism and heritage attraction that would enlighten and entertain both residence and visitors alike," Project Manager Lindbergh Alvaranga told the small gathering.



Project Manager Lindbergh Alvaranga The project is expected to create employment and entrepreneurial opportunities for people in the Cayon area by operating as a focal tourism product on the island. That includes persons who will work on the site's restoration and

those will eventually operate and maintain the facility.

The EC\$500,000 first phase is being funded by The United States Embassy in Barbados and the Government of St. Kitts Nevis.

Public Affairs Officer with the US Embassy in Bridgetown, James Rodriguez, attended the June 7th ceremony.

"I am glad you had the foresight to look at this and want to restore it," Mr. Rodriguez said.

"I think in a lot of places, the past isn't really appreciated as it should be. This is a very important part of the history of this nation. Looking around, some people may just see rusty old machinery, but this, no this is really



SCNT Executive Director Ryllis Percival & US Embassy Public Affairs Officer James Rodriguez look at cotton plants in the yard of the old Ginnery

beautiful."

Work on the first phase is being carried out by Steven Liburd Construction.

The restored Spooner's Cotton Ginner is scheduled to be open in October 2018.

The St. Christopher National Trust is appreciative of all who have worked tirelessly to see the start of this longawaited restoration.

The Trust urges public support as it continues to advocate for the protection and preservation of St.



(Left-right) US Embassy Public Affairs Officer James Rodriguez, **SNCT President Schneidman** Warner & Trust Patron, Governor **General Sir Tapley Seaton**

From the Desk of the Executive Director



Welcome to the 2nd Edition of our quarterly newsletter for 2018. The Trust endeavors to keep its members and supporters abreast of the plans and activities taking place and uses this medium to do so. You would note from our first submission for 2018 that we have begun Restoration work at the Spooner's Cotton Ginnery, one of the five heritage sites vested in the Trust. In early August of this year, restoration work is expected to commence on the 124 year old "Old Treasury Building", home of the National Trust and Museum. This is a project that we are very excited about and look forward to having it get underway.

We launched our Annual Heritage Appeal Fund earlier this year in an effort to raise funds for the restoration work on heritage sites and buildings. These efforts to restore our historical sites create spaces to share our history. The Trust continues to seek your financial support for these goals and encourages you to do your part in the preservation of our history and heritage.

Plans for our inaugural annual heritage gala are progressing smoothly. Donors to our Heritage Appeal Fund will be honoured guests at the Gala scheduled for August 11th, 2018 under the distinguished patronage of Sir S. W. Tapley Seaton, Governor General and Patron on the Trust. The Staff and Volunteers are very enthusiastic about the plans that are in place for this extraordinary cultural event and we look forward to the support and attendance of all our members and supporters. To get tickets or to contribute to our Annual Heritage Appeal Fund please call our office (869) 465-5584 Monday to Friday 9:00 a.m. to 5:00 p.m.

Activities and plans for the third quarter of 2018 include several special exhibits including a major one on the history of commerce in St. Kitts and Nevis. That exhibit will allow persons to get a glimpse into our history of trading, business and finance. There will be a collection of coins used in St. Kitts over the years. The History of Commerce exhibit will be launched in September and will run for six weeks. Also coming up is our Annual National Heroes Day Train Tour scheduled for September 16th 2018. This is a fun event which caters to every member of the family. Parties, family outings and corporate events are all encouraged during the three hour historical tour around St. Kitts. For more information or to book your spot please feel free to call our office or email the Trust at schs@sisterisles.kn.

Our motto "Our Heritage Belongs to All of us" should be your motto as well. Let it be reflected in your financial support to the Trust. Your gift can change the future by saving the past.

Ryllis Percival (Ms) Executive Director



The St. Christopher National Trust congratulates the St. Kitts Sea Turtle Monitoring Network for winning this year's St. Kitts Tourism Experience Sustainable Tourism Award. If was an honour to have been nominated in this category alongside the Turtle Monitoring Network and the historic Ocean Terrace Inn.

The St. Kitts Sea Turtle Monitoring Network (SKSTMN) is a community based non-profit organization founded in 2003, which monitors nesting sea turtle populations and acts as an advocate for the strengthening of sea turtle protection laws.

Restoration of National Trust Building to Begin this Summer

Restoration of the iconic 'Old Treasury Building," home of the National Trust and Museum is set to start in early August 2018.



Heritage Restoration Specialist Justin Charles assesses extent of lime rot in wall plaster

Trinidad-based company Parvenir Heritage Restoration and Maintenance Group Ltd. has been engaged to undertake the project which is expected to run some five to six months.

Restoration work will begin on the building's roof where cracks and ongoing issues with guttering have made the structure susceptible to leaks.

After the roof repairs are completed, work will largely move inside the building.

Managing Director at Parvenir, Heritage Restoration Specialist Justin Charles assures that the nearly 125 year old building is structurally sound, but explains that previous repair work actually lead to issues with cracking walls and deteriorating plaster.

"The original construction used a lime mortar, which was later plastered with gypsum mud, over which latex paint was applied," he explained, pointing to a section of wall in the museum, where paint and plaster have crumbled away.

Lime mortar is composed of lime and an aggregate such as sand, mixed with water.

It is one of the oldest known types of mortar that was used in ancient Egypt, Rome and Greece. It was largely replaced by clay and gypsum mortars. Then with the introduction of Portland cement during the 19th century, the use of lime mortar in new constructions gradually declined.

Construction of the Old Treasury building began in 1894 and was completed in 1896. Numerous repairs have been conducted over the years and walls have been painted many times.

"A lime wall is supposed to be able to breathe," Charles said.



Justin Charles (right) and Quantity Surveyor Roger Folkes with Quantum Consulting, survey peeling paint in building's stairwell

"But in this scenario it can't because of the gypsum mud and the latex paint. What this would have done is trapped the moisture in the walls and lime rot would have occurred. You can touch it and see it flakes off," he said, sending a small shower of dried plaster cascading to the floor, with a flick of his finger. "Most importantly, before you do any kind of repair to the building you need to identify what type of material is on the building, especially a heritage site," Mr. Charles advises.



Justin Charles and Roger Folkes examine crumbling plaster in museum office

"Then we would have to remove the damaged lime and repoint it with new lime."

Parvenir has done extensive assessments of the building and is now preparing to begin work, while the Trust's management develops a plan to minimize disruptions to the operations of the museum, where much of the attention will be focused.

Parvenir Heritage Restoration & Maintenance Group Ltd. was established in Trinidad and Tobago in 2010.

The company specializes in a number of areas including Project Management, Facility Maintenance Manuals, Condition Survey Reports and Heritage Restoration and training. They offer workshops and training in maintenance of heritage sites, specialist craftsman training and Heritage Preservation.

"How Music Feels" Art Exhibition Opens at National Museum

"One's focus is set within parameters. I am looking forward to seeing the other

artists interpretations," she told the Trust.

of ceramic art. features the work of local

"It's a way for me to support our local art

scene," artist and art teacher Lizca Bass

says, when asked about her decision to

submit work for "How Music Feels."

Dr. Halla Sahely, a water engineer by

profession, has not exhibited or sold her art

before. She says the exhibition provided a

"In the past year, I was

searching to rekindle my

mindfulness to my life, and

was creative through music

and played two instruments

creativity as I knew this

would bring joy and

so I decided to start

painting. In my youth, I

in my high school days.

This exhibit seemed like

artists.

The Exhibition, which includes a few pieces



The much-anticipated "How Music Feels" Art Exhibition opened to the public at the National Trust on International Museum Day, Friday May 18th, 2018.

"I just love to paint and any opportunity to showcase my work is exciting," says renowned Nevisian artist Vaughn Anslyn.

He is excited about the theme and says creating for a themed exhibition is easier for him.

"I am able to narrow my field of focus and create pieces that are specific to one title," Anslyn says.

SCNT Executive Director Ryllis Percival (second from right) with some of the participating artists

He is one of 18 artists exhibiting their work in the exhibition, which runs until mid-July.

Sandy Point artist Pierre Liburd is also excited about the theme.

"When I hear music I see colours; images and colours. It depends on the music. In fact, I usually paint while listening to music; it's an inspiration and a constant in my creative process," Liburd says.

Artist, entrepreneur and Head of the Clarence Fitzroy Bryant College Art Programme, Rozna Rogers says the theme caught her attention immediately.

"Music is powerful and it evokes all sorts of emotions when consumed. I wanted to display some of this on canvas and paper."

Rogers says that for her the creative process is different when painting with a theme in mind rather than doing a more spontaneous piece. the perfect union of these two creative paths."

unique opportunity.

The Trust hosted an opening reception "Night at the Museum" fundraiser on the evening of May 17th, 2018 under the patronage of His Excellency the Governor General Sir S.W. Tapley Seaton GCMG, CVO, QC, JP.

Sponsors and donors had the opportunity to meet and mingle with the artists and get the first viewing of the exhibition. Two pieces were sold within the first hour of the evening.



Governor General Sir Tapley Seaton at the opening reception which was held under his patronage

"How Music Feels" Art Exhibition is mounted at the National Museum. Admission is free, though the Trust welcomes donations towards its ongoing work. Most pieces are available for sale.

Meantime, the Museum unveiled its brand new, modern, modular hanging display system on the opening night of the Art Exhibition. Designed with the help of artist Pierre Liburd, the hanging system allows items to be hung from an overhead grid, rather than using the fragile stone walls of the more than century old building. The gridded canopy also reduces the need for easels and other stands which can use a significant amount of floor space.

The Trust was initially daunted by the cost of procuring materials and getting the system built, but upon hearing of our need



for funding, Reg Francis, the son of late businesswoman and philanthropist Telca Francis, immediately offered to cover the entire cost. He said if was the perfect opportunity to give back to the

The late Telca Francis

country in his mother's name.

"With the art exhibit, we're pushing locals and my mom would be really happy to see locals get opportunities to advance, and we always have to try to help our own," Mr. Francis told the Trust, after personally visiting our offices to deliver the cheque to cover the cost of materials and construction.

"Others are helping their own, we're not helping our own as much as we should. So every opportunity I can, I will try to in her memory, in this case especially, because she has really been a good guide to me," he said.

Mr. Francis says he's excited to be able to assist. "I think this will be an opportunity for the world to see what Kittitians can do and have done and continue to do."

Restored Cleghorn Journals to go on Exhibit

The National Trust and the National Archives are currently working to put the historic Cleghorn Journals on exhibit at the National Museum in August 2018, as part of the observance of the 180th anniversary of the end of the Apprenticeship system.



The Cleghorn Journals are a set of six journals produced in 1835 and 1836 by Ralph Cleghorn, a Stipendiary Magistrate, who was born in St. Kitts and educated in England. Stipendiary Magistrates – who were usually sent from Britain – were tasked with supervising the administration of Apprenticeship, the four year period following the abolition of slavery on August 1st 1834. Some men in the colonies, like Cleghorn, who were deemed to be 'trustworthy' were also appointed.

St. Kitts is unique in the Caribbean in that it has a collection of 23 of these Stipendiary Magistrates' journals produced by five different magistrates, including the six that belonged to Cleghorn. The value of these records lies in the fact that for the first time the former enslaved were able to take a case to court if they felt aggrieved by the way they were treated in the work place. That is, they could sue their employer (former enslaver) for breach of the law.

Under the Apprenticeship system children under the age of six were freed immediately, but persons over that age were obliged to continue working for their former enslavers. Generally this meant working 40 1/2 hours per week without wages. If they worked additional hours, they were to be paid.

The apprentices were to be provided with food, clothing, shelter and medical care as under enslavement. If an apprentice had money he/she could pay to be released from apprenticeship. In St. Kitts the institution of Apprenticeship caused serious unrest and labour disturbances during the first two weeks of August 1834.

The National Archives has just completed an exciting conservation project on the Cleghorn Journals.

Their conservation is part of a larger ongoing project. Dr. Tara Inniss, Lecturer in the Department of History at University of the West Indies (Cavehill), on a visit to St. Kitts in 2015, suggested that given their rarity, the volumes would be a good basis for renewed exploration into the postemancipation period. She made the case to the UWI for funding to digitize, transcribe and conserve the journals with a view to producing an edited publication of them.



A recent release from the National Archives indicates that work on digitization started in 2016 and was quickly completed. Transcription was then undertaken by Mr. Ernest Wiltshire in Canada who generously donated his fees towards the conservation of the Journals. In 2017, a workshop on Digital Preservation brought Barbadian conservator Nerys Rudder to St. Kitts as a facilitator. She did an assessment of the journals and was given the task of conserving them.



BEFORE



AFTER

The Archives reports that the funds from the UWI project covered most of the cost. The remainder was raised locally, through the intervention of the Governor General His Excellency Sir S.W. Tapley Seaton GCMG, CVO, QC, JP who secured a grant from the Sugar Industry Diversification Foundation (SIDF) for the National Archives to complete the work on the Journals and also to repair the Original Register of Slaves 1817.

The Journals were sent to Barbados for treatment and are now back in St. Kitts. Restoration of the Register of Slaves, which was on exhibition at the National Museum over Christmas 2017 - January 2018, is scheduled to start later this year.

The St. Christopher National Trust Collaborates with #PlasticFreeSKN



Free screenings of "A Plastic Ocean" will be held at the National Museum as part of Plastic Free July Month of Activities. The film documents the newest science, proving how plastics, once they enter the oceans, break up into small particulates that enter the food chain where they attract toxins like a magnet. These toxins are stored in seafood's fatty tissues, and are eventually consumed by humans.

Screenings will take place on Wednesdays at 10:00 am and Saturdays at 11:15 a.m., beginning July 7th. Donations are being accepted. Persons making donations of \$10 or more will receive a foldable, reusable bag. For donations of \$15 or more donors will get a stainless steel, reusable cup with a lid.

Plastic Free July (PFJ) is a global movement to raise awareness about the problem of plastic pollution and encourage persons to develop new, plastic-free habits. It Is St. Kitts and Nevis' second year participating in activities, which are being spearheaded by the St. Kitts Sustainable Development Council.

Other events during the month include an art exhibit "Plastic Ocean" in the archway of the National Trust Building, led by local artist Lizca Bass. All of the plastic used in the piece was collected from beaches in the Federation. Visitors will be able to stand inside the exhibit and

get a sense of what marine life experiences living in an ocean filled with plastic and learn more about plastic pollution in general.

Members of the public can also participate in the Solution 2 Pollution Contest, showing off their creativity by making something useful out of used plastic that can be replicated by others. The deadline for the competition is July 20th. Full details are available at the Foundation's Facebook page at, https://www.facebook.com/heartofstkitts/

The month of activities will wind down with a March Against Plastic Pollution lead by the Sea Turtle Campers. Interested persons are asked to wear purple and join the march on Saturday, July 28th starting at Independence Square West at 9:00 a.m. and ending at the National Trust Building.

Residents are being urged to join the ongoing fight against plastic pollution, by:

- Accepting the challenge to refuse single-use plastic such as plastic straws, bags, cups and bottles!
- Carrying reusable bags to the store
- Drinking without a straw
- Posting photos of these actions using #PlasticFreeSKN on social media and tagging @stkittsSDC and @heartofstkitts
- Attending Plastic Free July SKN events
- Supporting PFJ SKN participating businesses like Park Hyatt St. Kitts, Oualie Beach, Shwarma King, Inon's Beach Bar, Valumart IGA and Vibes Beach Bar.

For more information follow @stkittsSDC and @heartofstkitts for updates, email plasticfreeskn@gmail.com, WhatsApp (869)661-6462 or call Dianelle-Williams at the Ministry of Tourism (869) 467-1890

From Our National Register of Heritage Places

Mansion Estate



Mansion Estate is located in the Parish of Christ Church, Nicola Town, nestled against the eastern base of Mount Liamigua. The estate overlooks the Atlantic Ocean and the settlement of Mansion to the east.

Mansion Estate is a premier heritage property which has many of the features of an 18th & 19th Century sugar plantation. It can be traced back to the first half of the eighteenth century when it was owned by the Governor of the Leeward Islands, William Woodley. At that time sugar was produced using an animal mill. A steam mill was installed sometime after 1850. The property passed through the Woodley family until it was bankrupted and sold in the 1860s.

Around 1879 Paget Wade bought the plantation with a £16,000 present from his father, Solomon A. Wade, a successful dry goods supplier on St Kitts. It was around this time that the estate was renamed Mansion. It stayed in the Wade family

until the second half of the twentieth century when it was nationalized by the Government of St. Kitts and Nevis.

Vested in the National Trust, the long abandoned property is being cleared of overgrowth by crews from the Parks and Beaches Unit. National Trust Projects and Sites Manager Zeke Boone explains that even the roads through the compound are overgrown. Once the site is cleared, the Parks and Beaches

Unit will continue to maintain the area, Mr. Boone advises.

Long term plans for the estate yard would see the historic structures being stabilized and the site possibly developed as a Field Studies Centre serving as a research and demonstration facility focusing on the natural resources and biodiversity of the island. It is envisioned that there will a demonstration Herbal Garden where medicinal and other plants will be propagated and sold. There will also be a



compound where native and introduced animal species will be on display. Fruit and native trees will be cultivated and sold.

The site would have the potential to be marketed as a major tourist attraction becoming a staging point for eco-tours and field trips into the nearby forested mountains. The training facilities could be used to also develop new skills and entrepreneurial expertise among members of the nearby communities and beyond.

Celebrating Our Members!



Lucky member Rodina Griffin won big in the Lucky Dip Raffle! During the week she won two SCNT pens, two SCNT Teddy Bears and two tickets for our Hero's Day Journey Back in Time Scenic Railway Tour!!! We appreciate our members and the valuable contributions that they make towards the work of the Trust. It is for that reason that the Trust earmarked the month of June to honour its members and say thank you for being a part of the organization.

This year the Trust observed Member Appreciation Week from June 25th to 29th, featuring great benefits and giveaways to those who visited. They included discounts up to 50% off on all of our branded items, 50% off the annual membership fee and prizes for all new members who signied up during the week, tours of our offices, the Museum and Documnetation Centre. There was also the popular Lucky Dip Raffle and daily specials and surprises for members who dropped by. Thank you to all who did!

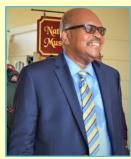
The National Trust wants its members to know what the organization is doing while showing our appreciation for their annual financial support towards the work of the Trust.

The benefits of being a member include volunteering opportunities, free entry to the National Museum, discounts on Documentation Centre services, membership discounts in our gift shop, monthly newssheets and quarterly newsletters, eligibility to serve on the Board of Directors and standing committees and becoming an advocate for the protection and preservation of our history and heritage.

Membership is EC \$50 annually for individuals and EC \$250 for businesses.

Governor General to Join Heritage House as Storyteller

The Governor General His Excellency Sir S.W. Tapley Seaton has agreed to serve as a storyteller in the National Trust's Dasani-Harpers Children's Summer Storytelling Series, which runs from July 7th to August 25th, 2018.



Unable to do so last summer, His Excellency is eagerly preparing to share the story of Betto Douglas, an enslaved woman who

took on the

Governor General His Excellency Sir S.W. Tapley Seaton

court system in the early nineteenth century.

Sir Tapley, who is the Patron of the National Trust, will join the children on August 11th, 2018

"I am always willing to participate in any undertaking designed to encourage children to enjoy reading," His Excellency told the Trust.



"Programmes such as Heritage House are important for this to be achieved and we must lend our full support," he said.

Deputy Prime Minister and Minister of Education Shawn Richards, is once again joining the series as a storyteller, doing his stint on July 21st. The Minister was a big hit with the children last summer.

"Since, my participation I have met quite a number of the kids," the Deputy Prime Minister told the Trust. "It's such a good feeling to have them run to me and give me a hug and say to their parents that I read a story for them," adding that he couldn't help smiling just thinking about the children's reactions when meeting him again.



The 'Heritage House' Series is designed for children aged 6-12 years old. It features stories set in St. Kitts and Nevis. During Discussion time, participants are encouraged to talk about character development, their observations about the environment and relationships, and learn to unleash their creativity, inspiring them to value self-expression, culture and heritage.

Each week will feature different guest readers, some sharing stories of real people who lived in St. Kitts as well as fictitious tales set on the island.



Among the other storytellers are Jihan Williams, the 'Turtle Doctor' Kimberley Stewart, Creighton "Papa George" Pencheon and National Trust President Schneidman Warner.

There is also a session in which the children create and present their own stories.

The sessions are held each Saturday morning from 9:30 a.m. – 11:00 a.m. and runs from July 7th to August 25th, 2018. Sessions are being held inside the National Museum, in a room that has been transformed into a fun, storytelling space. Children can be registered for all eight sessions or from week to week.

A number of businesses and individuals have already thrown their support behind the series, and anticipating that more sponsors will come forward, the National Trust is waiving the \$10 per child weekly registration fee.



In addition to Heritage House's major sponsors Dasani Water and Harpers Office Depot, registration sponsors coming forward so far are: His Excellency the Governor General Sir S.W. Tapley Seaton, Caribbean Reads, Caribelle Batik, Gary's Fruits & Flowers, The Ministry of Education, the family of Robert Ralph Phillips and the Social Security Board.

For more information, to register or become a sponsor, please call 465-5584 or email museum@stchristophernationaltrust.kn.

Meet the Artists

The Heritage Matters 'Meet the Artistes' column showcases local creators, artists, crafts persons, writers, photographers and anyone creating work inspired by St. Kitts and Nevis.



Carla James-Astaphan would say that she is a relatively self-taught artist who practices the ancient craft of pottery. She follows in a long line of notable Caribbean potters from Mervelle Martineau and Father Bechand (now deceased) of Dominica, to Courtney Devonish of Anguilla, Dennis and Maggie Belle of Barbados and Adam Azaire of St.Lucia. - who have assisted with her artistic growth.

Carla is able to create work beyond the simple utilitarian purpose of each object, enabling them to take on a deep cultural dimension. Spiritual, earthly, sensual and as charming as her island birth home Dominica, Carla is a woman of 'clay-rich-soil'. She has been a resident of St. Kitts since 1983 and is now the island's best known contemporary potter.

Carla's distinct qualities of self-motivation and self-determination have singled her out as a practitioner of significant creative ability. Over time mastering new skills and exploring new themes have influenced the style of her artwork. Using selected blends of local and regional clays and glazes she manipulates these raw materials changing their form to create stunning ceramic pieces and African/ Caribbean heritage styled masks that capture the essence of this indigenous island craft.

Carla's pottery is available in the National Museum Gift Shop.





Thank you to our Volunteers!

The National Trust and Museum express heartfelt appreciation to our hard-working volunteers who worked long hours alongside us in the weeks leading up to our "How Music Feels" Art Exhibition and Opening Reception "Night at the Museum" Fundraiser. Betty Armony, Zabu Boone, Pierre Liburd, Nick Titley and Jason Vanterpool, we could not have done this without you. You are the best! Thank you!!!









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The National Museum and Gift Shop are open from 8:00 a.m. – 4:00 p.m. Monday to Friday 8:00 a.m. – 2:00 p.m. Saturdays

Admission to the Museum for non-member residents/nationals is EC\$5.00 And for visitors US\$5.00

The National Trust Office and Documentation Centre are open 9:00 a.m. - 5:00 p.m. Monday - Friday



The St. Christopher National Trust is ever grateful to those who have supported our events and made donations to the Trust and Museum over the past few months.

Thank you for partnering with us:

Delano Bart Q.C. Caribelle Batik/Maurice Widdowson Carib Brewerv **Caribbean Reads Connie Jaynes Cuthbert Crossley Gary's Fruits & Flowers** His Excellency the Governor General Sir Tapley Seaton **Grange Enterprises** Thenford Grey Harpers Office Depot Koscab St. Kitts Nevis Ministry of Education, The National Archives 00JJ's Paul's Cleaning Service **Public Works Department Reliable Security** Rams Trading **Regiwell Francis** Spice Mill Restaurant St. Christopher and Nevis Social Security Board St. Kitts and Nevis Defence Force St. Kitts Department of Culture **Toucan Sounds/Adrian Lam** Valu Mart

Got pollution? Be the solution! Reduce, Reuse, Recycle!

Here are some tips for being part of the solution:



Compost

Composting is an easy and natural process that takes the remains of kitchen waste and turns it into nutrient rich food which helps your plants to grow. Compost is organic material that has been collected and decomposed. Composting helps you recycle your kitchen waste and reduce the amount sent to landfills. Every day, a large amount of what you throw into the trash could be composted and returned to the earth.

Repair rather than discard

It is so much easier these days to "purchase a new one" that we have completely put aside the word "repair." If our cars break down, do we simply buy a new one or do we take it to the mechanic for repairs? There are a number of household objects that we discard that just need some TLC. Pull up YouTube and find yourself a DIY video, and turn your wreck into something amazing. Next time you lose a strap just grab a needle and thread instead.

Donate or Sell

Instead of boxing them up and heading to the landfill, try donating before items are rendered completely useless. There is always someone that can use something extra, whether clothing, food or basic household. Donate to a charity or get together with neighbours and hold a garage sale. "One man's junk is another man's treasure."

Use Glass Containers for leftover

Proper packaging for your perishables can considerably reduce the amount of waste your household generates. A glass jar

with a tight lid can easily solve the issue of never getting the best of the food we buy instead of using plastic wrap, wax or foil paper. Not only does food last longer but it is actually a healthier option. You can save some cash and reduce your waste output.

Switch to reusable Shopping Bags

Twelve millions plastic bags are imported into St. Kitts each year. Onetime use plastic bags can take hundreds of years to decompose. They clog our landfill and indiscriminately of disposed bags threaten our marine life. We can address this problem immediately by replacing plastic shopping bags with reusable tote bags. Not only are the tote bags bigger in comparison and a lot more durable, they can save you a couple trips and save the environment!





ST. CHRISTOPHER NATIONAL TRUST

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